



Dear participant,

As an organisation, we have been receiving information that indicates there are many people across the country suffering ill health as a result of GSM, 3G or/and TETRA antennae being installed near their homes.

We are aware of the need to capture the information that people are becoming ill, but our frustration has been our inability to raise adequate funds for a full epidemiological study to address this problem effectively. This is what is required. This is what should be done but the government is ignoring this obvious need.

Our goals are to:

1. Accurately reflect the number of people across the United Kingdom that believe the mobile phone or TETRA antennae have been the cause of them experiencing microwave sickness and other more serious illness'.
2. Raise awareness for those that are 'suffering in ignorance', that microwave sickness is not "in their heads or imaginations" but a legitimate ill health consequence of exposure to microwave radiation that has been known about by various governments for many years.
3. Work with the media to turn up the pressure on the government, by providing the numbers of people affected across the country leading to:
 - Funding for full independent epidemiological study of people living around masts
 - Immediate implementation of more stringent precautionary principle around siting of base stations/antennae that results in the establishment of an exclusion zone.

Background to this health survey. . .

To achieve these goals, we are backing a health survey that was initiated by a member of the public, who had directly suffered as a result of living next to mobile phone masts. This woman has Multiple Sclerosis and was able to directly link the rapid acceleration of her disease with the exposure to microwave radiation. Her Neurologist is in agreement.

She realised that in order for the survey to have any credibility with authorities, it would need to be independent and as unbiased as possible, and that the information collected needed to be legally protected. As a result, this individual offered her own small business - a limited company as a mechanism for collecting the research data. She expanded the scope of the company to include "research", conformed to certain Data Management rules required under the DPA and applied for and received registration under the Data Protection Act to hold the Health Survey Data. She then co-ordinated the development of the survey with several health professionals. This was all done and continues to be done on a no-fee voluntary basis.

She is the individual who will be responsible for entering the data and providing the resultant "figures and geographical locations" to the public. The statistical results of the survey will be available to the public - including Action groups / industry and Government.

No individual information will be identified. Geographical locations will be given by position in the county i.e., North, South, East or West. Individual town or city names will not be provided as this could enable investigative reporters to potentially trace the source to an individual.

Receiving this survey does not necessarily mean we believe there is a cluster in your area. We are not just looking at areas where there is already reported ill health. We are open minded about the fact that there maybe many masts that have no effect on the people around them. Many factors may be involved in the ill health clusters that we have found already. However we need to find those areas that maybe "safe" and in that respect even if you are having no symptoms your reply will be of great use.

We are in a catch 22 situation at the moment. We can't do a full study until we have funding; we can't get funding until we show a problem. Whilst we don't have that information we cant discover if clusters of ill health are exasperated by other factors as well as the masts. So please consider participating even if you do not believe you are suffering as a result of the mast nearby, your answers will still be incredibly useful.

We hope you will participate.

Sincerely,

Lisa Oldham, Director - Mast Sanity

"I give my consent to this personal information being held in confidence on a database registered under the Data Protection Act (Registration Number: Z7881812) and only used for scientific health-related research purposes. I understand that the responses will not be identified with me or my address in any public way."

Signed: _____ Date: _____

Please print clearly in CAPITAL letters

Contact Name :		Telephone number (required) [↓]
Address(optional)		Your post code (required)
Town		County(required)

About the wellbeing of your family

How many family members live in your Home _____

	Member 1	Member 2	Member 3	Member 4
Age of family member				
Gender of each family member (M/F)				

Symptom codes: 1 = Often, 2 = Sometimes, 3 = Hardly Ever, 4 = Never, X = don't know

For each family member please tell us how frequently the following symptoms are experienced using the codes listed above. If you can, Please state when symptoms began.

Shallow non-restful sleep?				
Keep waking up during night?				
Trouble getting off to sleep?				
Excessive inexplicable tiredness/fatigue, Low energy?				
Low energy(e.g. cant be bothered, too much trouble)?				
Headaches?				
Migraine?				
Short term memory problems or problems concentrating				
Irritability, tension, Nervousness, can't relax?				
Nausea?				
Dizziness/Vertigo, loss of balance?				
Nosebleeds?				
Mouth ulcers?				
Colds, infections/ prone to infections that don't go away?				
Thrush/Candida?				
Feeling as if you are about to get flu but don't?				
Increased tendency to give/receive electric shocks?				
Metallic Taste in Mouth?				
Very dry flaky or itchy skin?				
Inexplicable rashes or blotchy skin?				
Dry, Itchy or Red eyes?				
Any sensitivity to light?				
Do you hear sounds – which not everyone can hear? E.g. humming, whining, clicks, buzzing, hi-pitch sound				
Anything else you would like to tell us about				

[↓] Telephone number is required by the data controller, in the event that a clarification of the information submitted is required.
If no number is submitted to allow clarification, then in the event of a discrepancy in the data submitted, the survey will not be processed.

Please tell us if any family member has been medically diagnosed with any of the following

Please enter **B** for problems diagnosed before the mast went up or **S** for since the mast went up. If **S** please enter date diagnosed

	Member 1	Member 2	Member 3	Member 4
High or erratic blood pressure?				
Brain Haemorrhages/Strokes?				
Leukaemia				
Epilepsy				
Cancer				
Please tell us type of Cancer:				

Have you suffered from any of the following? If you have, please tell us the date you started suffering and indicate whether you have deteriorated or improved since living next to a mast.

Arthritic/rheumatism type problems				
Early menopause				
Non cancerous lumps or growths				
Dementia (adults)				
Allergies?				
Any other illness you want us to know about?				

About your environment

Is there a mobile phone mast near your home? Yes / No

	<u>1</u>	<u>2</u>	<u>3</u>	<u>4</u>
If yes, tell us the approximate distance of the Mast(s) from your home?	m	m	m	m
Who are the operators for each system/mast? O = Orange; 3 = (Hutchison 3G); T=Tetra; T-M = T-Mobile V = Vodaphone; 02 = O2 (BT Cellnet);				
If you know, tell us when the mast/antennae system(s) was put up (mm/yy)	___/___	___/___	___/___	___/___
Length of time exposed to working mobile phone mast/antennae				
Do you use a DECT (digital cordless phone)? Yes / No	If yes, How long? _____			
Do you use a mobile phone? Yes / No	If yes, approx how many minutes/day? _____			
Do you get Interference with radio and TV channels? Yes / No				
Do you spend most of your time in the house? Yes / No				
Do you feel better when you are away from your home? Yes / No				

Mast Sanity would like to produce a document of comments by people living in areas where there is ill health and where people feel that mobile phone masts/antennae are responsible. Please consider providing them with a statement of what life is like and how you feel about your situation. DO NOT enter personal details or area details. If you do, the text will be edited to prevent readers from identifying the area. Please do this on a separate page and we will pass these comments on to Mast Sanity.

Please return survey to : Health Survey, "Whinberry", Tower Rd, Ashley Heath, Shropshire, TF9 4PU